NEW ROW SCHOOL MENU

	WEEK COMMENCING	WEEK COMMENCING	WEEK COMMENCING	WEEK COMMENCING
	1st October	8th October	15th October	22nd October
MONDAY		Cheese and Tomato Pizza	Chicken Pasta and Tomato Pesto	Cottage Pie
		OR	OR	OR
	SCHOOL CLOSED	Breaded Fish Peas	Fillet Fish Fingers Peas	Fish Fingers Peas
		Mashed Potatoes	Mashed Potatoes	Mashed Potatoes
		Fruit Cracknel and Custard	Pear Sponge and Custard	Mandarin Sponge & Custard
TUESDAY	Oven Baked Steak Burger & Bap	Scrambled Egg and	Spaghetti Bolognaise	Chicken Curry Rice
	OR	Sliced Bacon	Garlic Bread	and Naan Bread
	Salmon Cake	OR	OR	OR
	Mixed Vegetables Herb Potatoes	Savoury Mince Carrots	Chicken Goujon Wrap	BBQ Chicken Sweetcorn
		Mashed Potatoes/Couscous	Oven Baked Wedges	Mashed Potatoes
	Fruit Sponge and Custard	Apple Crumble and Custard	Datekrispie and Custard	Milk Shake and Biscuit
WEDNESDAY	Roast Chicken Carrots Broccoli	Roast Loin Pork Carrots	Baked Gammon Carrots	Roast Chicken Carrots
	Dry Roast & Mashed Potatoes	Sweetcorn Dry Roast and Mashed	Cabbage Dry Roast and Mashed	Broccoli Dry Roast and Mashed
	Stuffing & Gravy	Potatoes Stuffing and Gravy	Potatoes Stuffing and Gravy	Potatoes Stuffing and Gravy
	Chocolate FlavouredSponge			
	and Custard	Ice-cream and Jelly	Chocolate Sponge and Custard	Meringue Fruit and Jelly
THURSDAY	Spaghetti Bolognaise	Filled Ham/Cheese Panini	Steak Burger and Bap	Finger Buffet
	and Garlic Bread	and Wedges	Herb Diced Potatoes	Sandwiches
	OR	OR	OR	Pizza
	BBQ Chicken Sweetcorn	Chicken Curry and Rice	Chicken Curry and Rice	Chicken Nuggets
	Mashed Potatoes	Naan Bread	Naan Bread	Vegetable Sticks
	Milk Shake and Muffin	Fruit Sponge and Custard	Meringue Fruit and Custard	Fruit Sponge and Custard
FRIDAY	Oven Baked Sausages Beans	Baked Potato Cheese	Salmon Cake	Halloween Dinner
	Mashed Potatoes/Chips	OR	OR	Spaghtti Bolognaise
	OR	Chicken Nuggets Beans	Oven Baked Sausages	OR
	Chicken Curry and Rice	Mashed Potatoes / Chips	Mashed Potatoes /Chips	Steak Burger and Bap Chips
	Ripple /Vanilla Ice-cream	Milk Shake and Fruit Cookie	Ice-cream and Jelly	Apple Tart /Frozen Mousse

NB: Bread, Milk, Water & Fresh Fruit served alongside every set meal.