

EDUCATION AUTHORITY NORTH EASTERN

NEW ROW SCHOOL MENU

	WEEK COMMENCING 3rd September	WEEK COMMENCING 10th September	WEEK COMMENCING 17th September	WEEK COMMENCING 24th September
MONDAY	Savoury Mince Carrots Mashed Potatoes or Pasta OR Fish Fingers Datekrispie & Custard	Cheese and Tomato Pizza OR Breaded Fish Peas Mashed Potatoes Fruit Cracknel and Custard	Chicken Pasta and Tomato Pesto OR Fillet Fish Fingers Peas Mashed Potatoes Pear Sponge and Custard	Cottage Pie OR Slice/Stuffed Bacon Carrots Mashed Potatoes Mandarin Sponge & Custard
TUESDAY	Oven Baked Steak Burger & Bap OR Salmon Cake Mixed Vegetables Herb Potatoes Fruit Sponge and Custard	WELCOME BACK DINNER	Spaghetti Bolognaise Garlic Bread OR Chicken Goujon Wrap Oven Baked Wedges Datekrispie and Custard	Chicken Curry Rice and Naan Bread OR BBQ Chicken Sweetcorn Mashed Potatoes Apple Sponge and Custard
WEDNESDAY	Roast Chicken Carrots Broccoli Dry Roast & Mashed Potatoes Stuffing & Gravy Chocolate Sponge & Custard	Roast Loin Pork Carrots Sweetcorn Dry Roast and Mashed Potatoes Stuffing and Gravy Ice-cream and Jelly	Baked Gammon Carrots Cabbage Dry Roast and Mashed Potatoes Stuffing and Gravy Chocolate Sponge and Custard	Roast Chicken Carrots Broccoli Dry Roast and Mashed Potatoes Stuffing and Gravy Ice-cream and Jelly
THURSDAY	Spaghetti Bolognaise and Garlic Bread OR BBQ Chicken Sweetcorn Mashed Potatoes Apple Crumble and Custard	Filled Ham/Cheese Panini and Wedges OR Chicken Curry and Rice Naan Bread Fruit Sponge and Custard	Steak Burger and Bap Herb Diced Potatoes OR Chicken Curry and Rice Naan Bread Meringue Fruit and Custard	Finger Buffet Sandwiches Pizza Chicken Nuggets Vegetable Sticks Milk Shake and Biscuit
FRIDAY	Oven Baked Sausages Beans Mashed Potatoes/Chips OR Chicken Curry and Rice Vanilla Ice-cream	Baked Potato Cheese OR Chicken Nuggets Beans Mashed Potatoes / Chips Milk Shake and Fruit Cookie	Salmon Cake OR Oven Baked Sausages Mashed Potatoes /Chips Ice-cream and Jelly	Hot Dog OR Fillet Fish Finger Beans Mashed Potatoes/Chips Frozen Mousse

NB: Bread, Milk, Water & Fresh Fruit served alongside every set meal.