NEW ROW SCHOOL MENU

	WEEK COMMENCING	WEEK COMMENCING	WEEK COMMENCING	WEEK COMMENCING
	8th January	15th January	22nd January	29th January
MONDAY	Savoury Mince Carrots	Cottage Pie	Fillet Fish Fingers Peas	Braised Steak
	Mashed Potatoes	OR	& Mashed Potatoes	OR
	OR	Breaded Fish Peas	OR	Breaded Fish Parsley Sauce
	Chicken Curry Rice & Naan Bread	Mashed Potatoes or Pasta	Irish Stew	Peas & Mashed Potatoes / Pasta
	Datekrispie & Custard	Rice Pudding / Custard & Fruit	Apple Crumble & Custard	Mandarin Sponge & Custard
TUESDAY	Vegetable Soup	Spaghetti Bolognaise	Slice / Stuffed Bacon Roll	Cheese & Tomato Pizza
	Oven Baked Steak Burger & Bap	Garlic Bread	Carrots & Mashed Potatoes	Salad Coleslaw & Potatoes
	Herb Diced Potatoes	OR	OR	OR
		Scrambled Egg Bacon Carrots	Chicken Curry Rice & Naan Bread	Spaghetti Bolognaise
		Mashed Potatoes		Garlic Bread
	Milk Shake & Biscuit	Fruit Sponge & Custard	Pear Sponge & Custard	Apple Crumble & Custard
WEDNESDAY	Roast Chicken Carrots Broccoli	Roast Loin Pork Carrots Turnip	Baked Gammon Carrots Cabbage	Roast Chicken Carrots Broccoli
	Dry Roast & Mashed Potatoes	Dry Roast & Mashed Potatoes	Dry Roast & Mashed Potatoes	Dry Roast & Mashed Potatoes
	Stuffing & Gravy	Stuffing & Gravy	Stuffing & Gravy	Stuffing and Gravy
	Chocolate Sponge & Custard	Mandarin Sponge & Custard	Chocolate Sponge & Custard	Marbled Sponge & Custard
THURSDAY	Baked Potato Cheese Beans	Filled Ham/Cheese Panini	Vegetable Soup	Scrambled Egg & Bacon
	and Coleslaw	Herb Diced Potatoes	Steak Burger & Bap	Carrots & Mashed Potatoes
	OR	OR	Salad Herb Diced Potatoes	OR
	Fillet Fish Fingers Peas	BBQ Chicken Drumstick		Chicken Curry Rice and
	Mashed Potatoes	Sweetcorn Mashed Potatoes		Naan Bread
	Apple Crumble & Custard	Meringue & Fruit Jelly	Datekrispie & Custard	Meringue Jelly Fruit
FRIDAY	Oven Baked Sausages Beans	Chicken Curry & Rice	Chicken Nuggets	Oven Baked Sausages Beans
	Mashed Potatoes / Chips	OR	Mashed Potatoes / Chips	Mashed Potatoes / Chips
	OR	Hot Dog Beans	OR	OR
	Salmon Cake	Mashed Potatoes or Chips	Baked Potato Cheese & Beans	Salmon Cake
	Ice-cream slider Fruit & Jelly	Milkshake & Biscuit	lce-cream slider & Jelly	Frozen Mousse

NB: Bread, Milk, Water & Fresh Fruit served alongside every set meal.